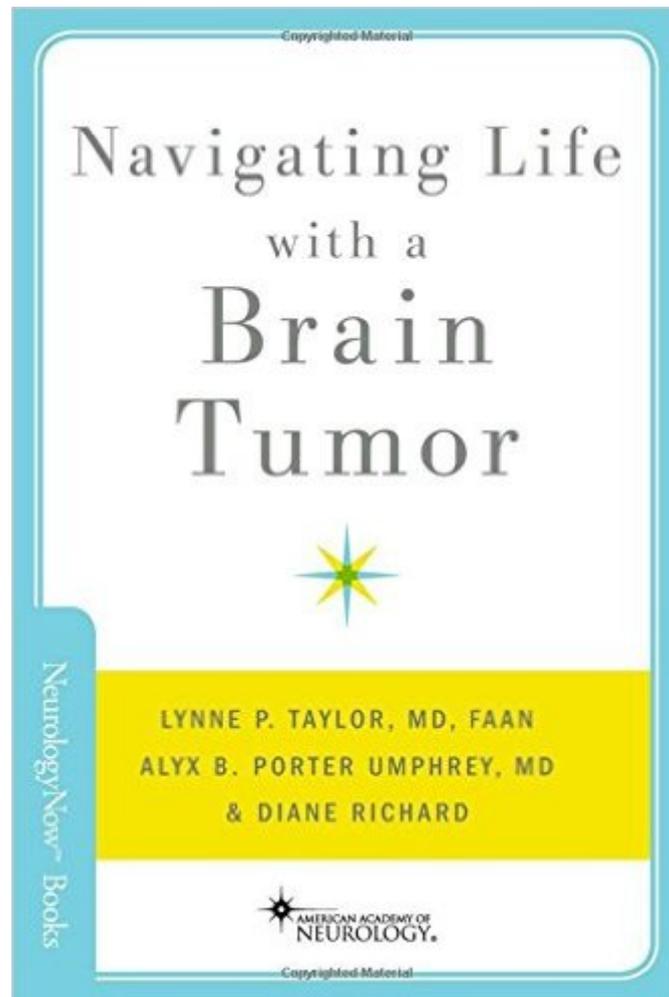


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# Navigating Life With A Brain Tumor (Neurology Now Books)



## Synopsis

Providing readily accessible information and real-world encouragement to people living with primary and metastatic brain tumors, this book discusses the basics of brain tumors, types of tumors, management of different tumors, related symptoms, treatments and side effects, the role of medical team members, and coping strategies from initial diagnosis throughout the course of the illness. At the same time, it also offers practical suggestions on symptom management and lifestyle modification, as well as real-life anecdotes and advice from both patients and family members and friends who are experiencing this diagnosis. Written by two experts working with a professional writer, as well as advice from other professionals, the book is crystal clear and easy to use. Balancing the uncertainties of prognosis with hope, *Navigating Life with a Brain Tumor* is an authoritative, realistic, yet compassionate guide to living with brain cancer.

## Book Information

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## Customer Reviews

This book is comprehensive and easy to understand. It covers all the bases spanning the basics of the brain, diagnosis, radiation to symptom management. There is an exceptional section for the caregiver. It even covers: "how to get your affairs in order." I highly recommend it for anyone dealing with a brain tumor. I wish I had had a copy when I was first diagnosed.

An informative and surprisingly uplifting book. Packed with information about current treatments and

details of, as the title says, living with a brain tumor. It's not just for people living with a brain tumor though, but also for those who care for and love them. I found out details regarding the relatively new (in the UK) gamma knife 'surgery' that my sister has undergone and felt more prepared and reassured after reading this book. I understood the process as she was going through it - making her mesh mask etc and was able to discuss this with her. I also even used some of the alternative suggestions to put together a little 'care pack' for her (lemon, green tea, ginger etc) which certainly made a change from flowers. This is far from a negative book, it left me with a feeling of a deeper understanding and even empowerment and the expertise and knowledge of the authors meant that I trusted the information given. I'd recommend it to anyone affected by this condition.

Disclosure: I am a neuro-oncologist. I see patients with brain tumors every day and this is the book that I would have written. It explains many of the things I tell my patients on a daily basis: what is your diagnosis, what to consider when choosing treatment, when to get a second opinion, symptom management, caretaker, living will. It might not be the book for the advanced brain tumor patient, but I highly recommend it to my patients.

I love it. For those of us who have been there; there is very little reading for what to expect after the surgery. I am a 20 plus survivor of an Acoustic Neuroma or Schwannoma Vestibular and after 20 years you find nothing at all. This is a must have and good source of those involved through different associations. Get it and be blessed with your health! Anthony Hopper

I suppose because my partner's case was a GBM there are more intricate issues that are not brought up in this book, but overall, it's like a dictionary of terminology for the most part. I would like to have seen the topic of the SHUNT in there, an explanation on how if at all, it effects the daily life of the patient. My partner's shunt surgery more than likely caused his meningitis, also a topic not brought up as a risk for someone who might have multiple surgeries. 37 days in the hospital, I saw 3 other shunt patients, so I know it's common enough to address. The book doesn't even define a shunt. Also, there isn't much to read about clinical trials. It's mentioned, but not really defined per tumor type. Lastly, cognitive changes is common, if not expected in every patient. How to understand and cope with those changes could be a great topic to address as well. Cognitive gets about a page in the book. Overall, it describes the types of cancer well (and is less scary than the online statistics), and radiation is clearly defined. Everything else is like a small blurb. It's worth the buy as a go-to guide, but don't expect to have all your answers here.

My husband Lee is a 25 year brain tumor survivor. He has had all his treatment at Duke Medical Center. He has not had chemotherapy since 1996, but a reoccurring brain tumor has to be treated with chemotherapy but this time it will be more specific for brain tumors. He is a great person he has changed a lot but he is still so kind. Now to review this book I give it 5 stars I wish we would have had this information in 1995 when it became more aggressive and we needed info this but provides. My email is tamimarie23@hotmail.com if anyone would like any input from our journey. THANKS  
Tammy Saunders

I am still reading the book, but I purchased it when I saw that one of the authors is my current oncologist (who knew?). I like to read as much as I can about my condition and this book explains things in an easy to understand format.

I have recently been diagnosed with a low grade brain tumor and I bought this book because it looked like it would help me cope and answer some questions...let me tell you.....DO NOT BUY THIS BOOK UNLESS YOU ARE COPING WITH A MALIGNANT, HIGH GRADE, DANGEROUS TUMOR and you KNOW your prognosis. This book is very much a book about coping with a LIFE THREATENING brain tumor. The book is informative about the different lobes of the brain and how brain tumors grow but the book may NOT cover YOUR SPECIFIC TUMOR ( mine wasn't discussed) and there are chapters about settling your estates and your Will.....so I found it incredibly morbid and a little scary for ME. They give treatment options and descriptions which I will bring to ask my oncology team....but they also mentioned life expectancies for the tumors discussed..... So it was a little scary to read while I'm coping with what I have....and trying to remember what my neurologists told me about my own situation.....it's written by neuro physicians so I trust the science included....but this book can be a little unhealthy to read if you are like me...and you are in the early stages of coping/prognosis when you are very vulnerable and desperately wanting answers.....I hope this helps other patients because I was feeling positive about my prognosis until reading this book...and then I took many steps backwards waking up with feeling of fear again...TRUST YOUR NEURO TEAM FOR ANSWERS ABOUT YOUR SPECIFIC TUMOR . BE PATIENT. BE PEACEFUL. BREATHE. LAUGH. SEE A FRIEND. YOU ARE NOT ALONE! GREY MATTERS!!!

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